

CLEANING TIPS AND HINTS

for Safety Work Kits Members

Working Under Alert Level 3

Along with social distancing, cleanliness is one of the most powerful weapons in the war against Covid-19. The following tips and hints will help you to be more effective in the fight.

Hand Washing	Handwashing facilities	Take with you: - a 20L container of clean water fitted with a tap. - Liquid soap. - Paper hand towels.
	Instructions	Wash any visible dirt off your hands before hand sanitizing.
		If your hands are dirty, use soap and water. Wash for 20 seconds and thoroughly dry your hands with paper hand towels.
		If your hands do not have visible dirt, you can use sanitizer.
PPE	Gloves	Always wear disposable gloves when cleaning. For non-cleaning work activity use your normal safety work gloves.
	Masks	Wear a mask that covers your mouth and nose
Cleaning Surfaces, Tools and Equipment	Cloths	Use disposable cloths or paper towels for cleaning surfaces and equipment.
		If using reusable cloths then they must be washed immediately after they have been used at 70°C for 3 minutes or 65°C for 10 minutes.
	Tools and Equipment	Wash your hands after using any tools and equipment. Clean surfaces, tools and equipment with an alcohol based sanitizer, bleach based sanitizer or other effective sanitizer.
All tools and equipment must be cleaned at the end of each day.		
Returning Home	Instructions	Wash your hands immediately.
		Remove shoes before going inside.
		Sanitize items used at work eg. phone.
		Shower and change your clothing.
		Wash clothing at highest acceptable temperature.